

Running Club

Fall Session Class Details

Class Introduction

Running Club will start at **8:30 am** and finish at **9:00 am**. Running Club will be once a week on **Tuesday mornings**.

- It will be a U-shape around the back of school. It will start in the undercover area where runners will run along the back of school towards the kinder classrooms, where there will be a parent volunteer turning them around to send them back to the undercover area to get a chain link and do it again.
- The Course will be 1/4 mile; every lap they will get a chain link and run as many laps as possible in 30 minutes.
- Upon finishing, we will document student laps. At the end of the running club, the top runner from each grade level will be honored.

Who: K–5 graders

When: Tuesday 8.20 am to 9.10 am.

Location: Small Gym

Cost: \$10 (If we do not have enough volunteers and cannot open the class successfully, we will inform you and refund the full amount.)

No Volunteer, No Club: If no volunteer signs up at least 7 days before the class starts, we will announce that the class will not open and refund your tuition.

"We encourage each family to sign up for at least one volunteer spot if possible; volunteering is simple and flexible! You'll just help with sign-in and sign-out, and you're welcome to bring your laptop and work while you're there.

If you need financial support, please contact the school counselor, Mrs. Muhlestein, at jmuhlestein@lwsd.org

Any questions? email to runningclub@smithpts.org